

Monkseaton Medical Centre / Bridge Medical

Carer Registration Form

Please complete this form with as much detail as possible and hand it back to our reception team

Your details	
Name	
Date of Birth	
Address	
Contact Number	
E-mail	

Details of the person that you care for:	
Name	
Date of Birth	
Address	
Contact Number	
Your relationship	
GP Surgery	

How many hours a week, on average, do you provide care?	
Which of these tasks do you undertake in your role as a carer? <i>Tick all that apply</i>	
Practical tasks, such as cooking, housework and shopping	
Physical care; such as lifting, helping on stairs or with physiotherapy	
Personal care; such as dressing, washing, helping with toileting needs	
Managing finances, collecting benefits and prescriptions	
Administering medication	
Emotional support	
Interpreting, due to a hearing or speech impairment or because English is not first language	

	Yes	No
Are you a member of, or have you used any carer support organisations?		
Do you feel you are taking care of your physical wellbeing adequately?		
Do you feel you are taking care of your mental wellbeing adequately?		

Is there any other information that you feel the practice should be aware of?

North Tyneside Carers Centre

The Carers Centre is an independent charity and the only generic carer support service in North Tyneside supporting both young & adult carers. Their knowledgeable team supports carers with everything from advocacy to mental health through one-to-one sessions & peer support groups. They also provide specialist training & information sessions to help make life easier for you & the person you care for.

For more information call **0191 643 2298** or email enquiries@ntcarers.co.uk

Carers' Emergency Break Service

North Tyneside Council operates an emergency break service, which helps carers develop an emergency bespoke plan. The service responds to a request for help at any time of the day. There is no charge for this service up to 48 hours, however after this, charges for support may apply.

To register or for further information, contact **0330 333 7475** or email Care.CallAssistiveTechnology@northtyneside.gov.uk